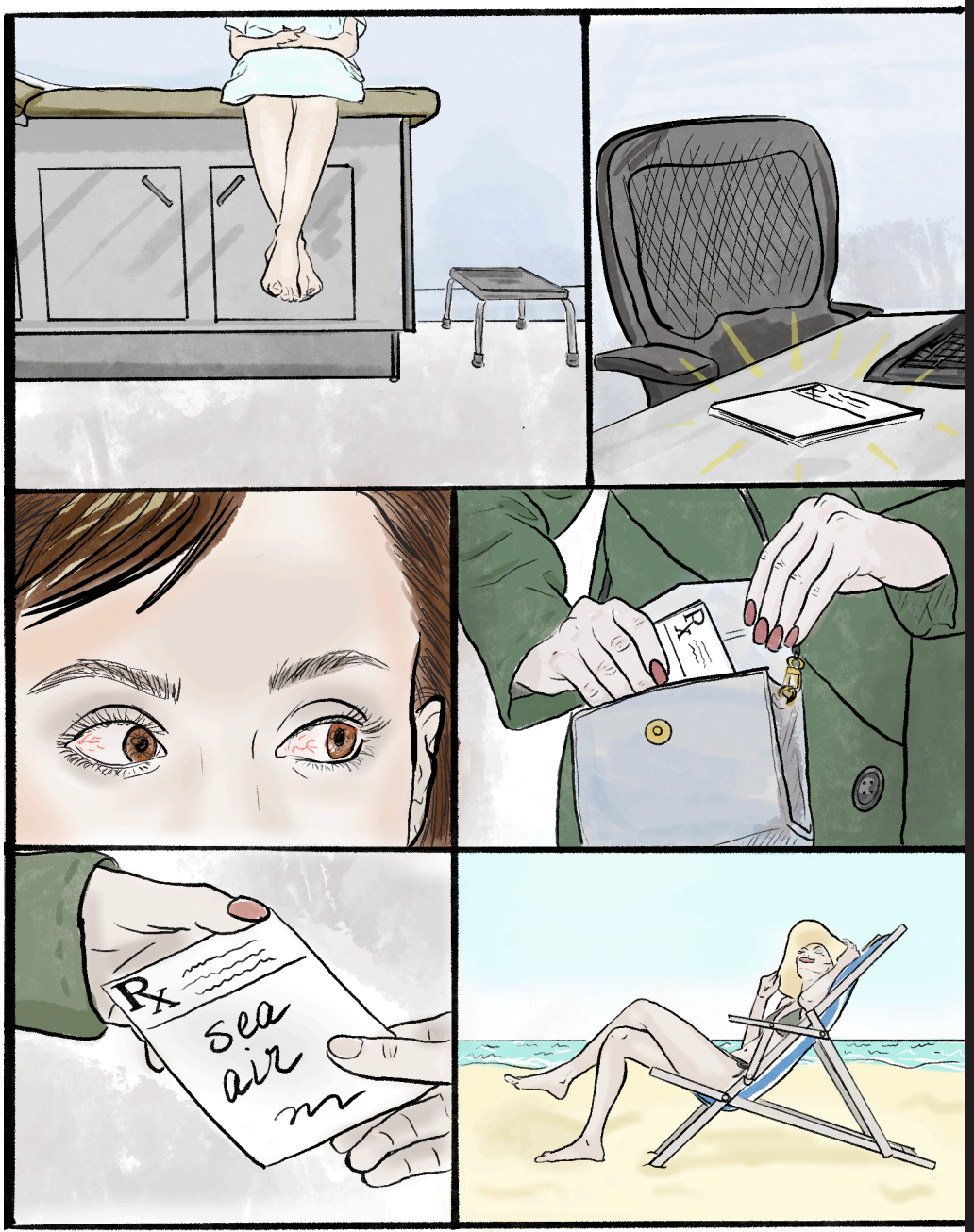
# LOUD ANXIETY

#2

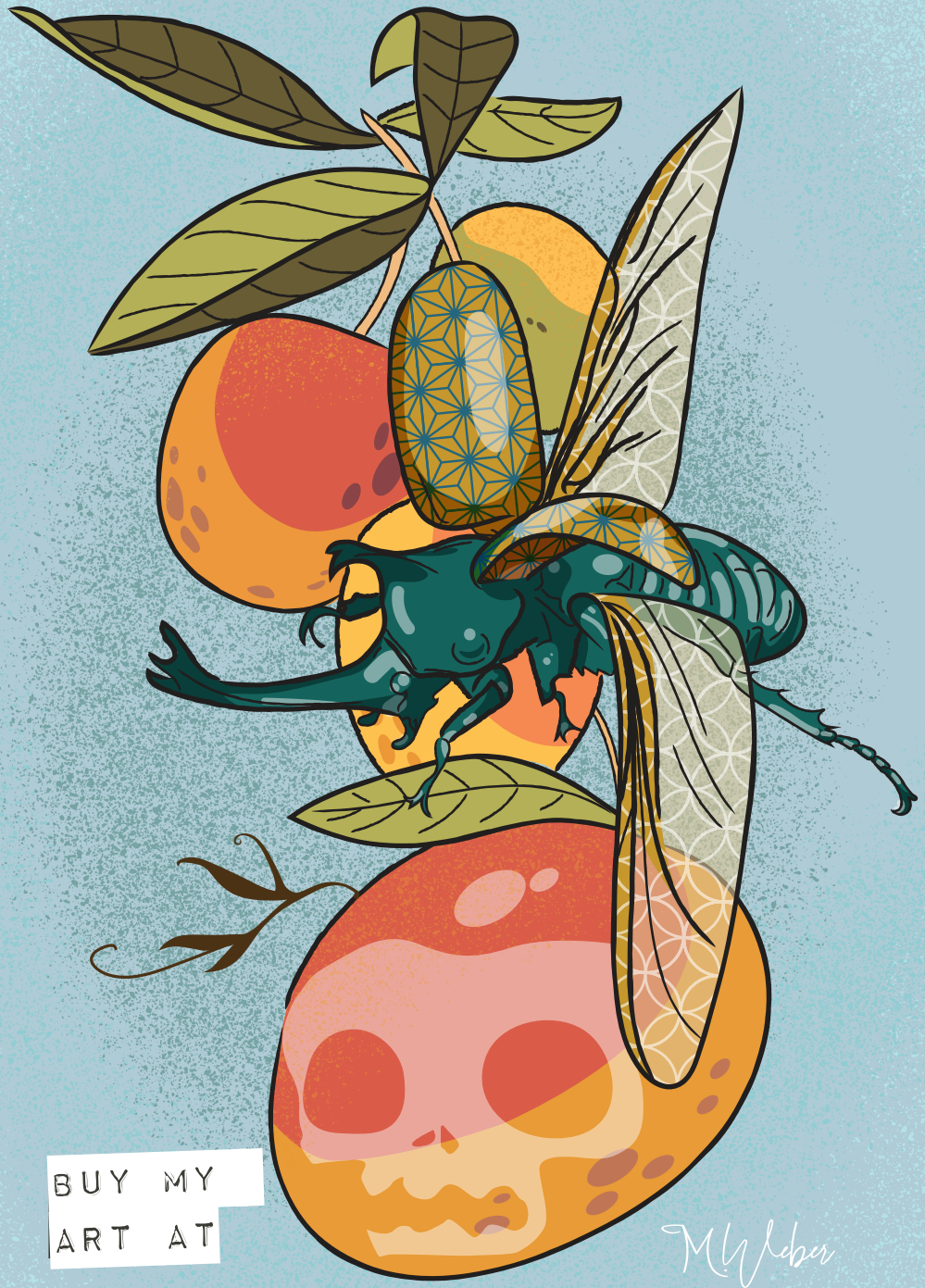
a creative outburst

keep going

some people won't like me, and that's none of my business.




# let's go camping



BUY MY
ART AT

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M. Weber

IT IS SO IMPORTANT
TO SOMETIMES BE
A SILLY GOOSE.

one day, you set
something down and
never picked it back
up again.

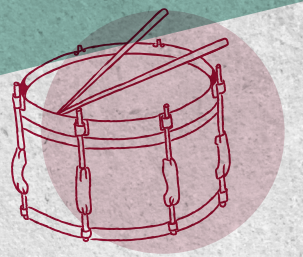
bitter yet
Refreshing!

STICKER AVAILABLE
ON MY WEBSITE

# some day

## it will all be far away

A sea lion is the first nonhuman mammal with a proven ability to keep a beat.



African buffalo herds display voting behavior.

individuals register their travel preference by standing up, looking in one direction, and then lying back down.

Only adult females can vote.

M. Weber

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# Well, every day

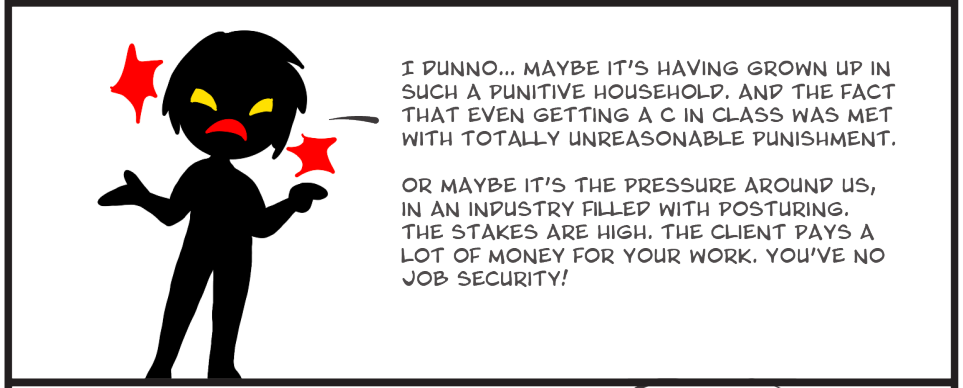
## is all there is.

–Joan Didion

ARGH. I'M TRYING TO WORK!
BUT WHAT IF IT ISN'T GOOD ENOUGH?? WHAT IF IT ISN'T PERFECT ON THE FIRST TRY!
BUT I HAVE TO AT LEAST START SOMEWHERE. I NEED TO PRACTICE TO IMPROVE. I NEED TO BEGIN OR I'LL NEVER FINISH IN TIME!

JUST IMAGINE THE CONSEQUENCES IF IT'S A FAILURE THOUGH! EVERYONE WILL KNOW YOU'RE JUST AN IMPOSTER!

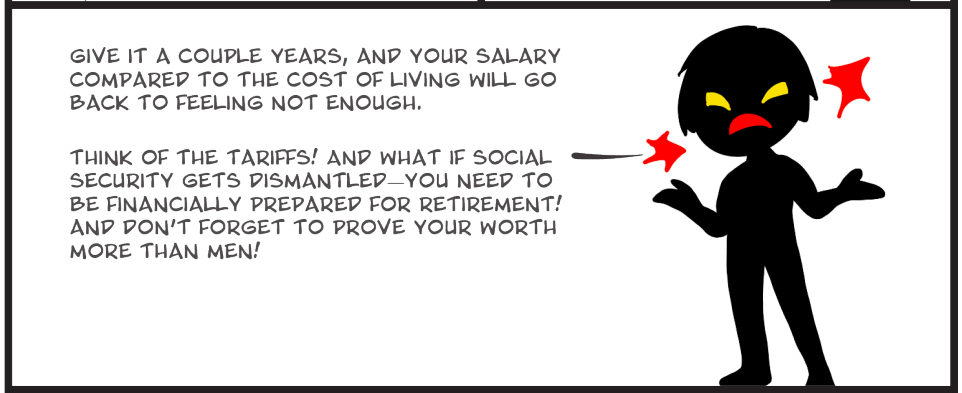
DUDE, WHERE IS THIS COMING FROM?? YOU'RE REALLY HOLDING ME BACK HERE.

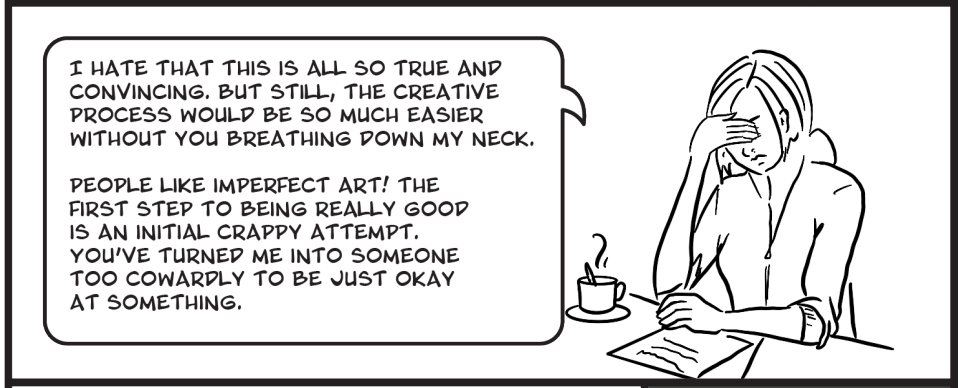

I DUNNO... MAYBE IT'S HAVING GROWN UP IN SUCH A PUNITIVE HOUSEHOLD. AND THE FACT THAT EVEN GETTING A C IN CLASS WAS MET WITH TOTALLY UNREASONABLE PUNISHMENT.
OR MAYBE IT'S THE PRESSURE AROUND US, IN AN INDUSTRY FILLED WITH POSTURING. THE STAKES ARE HIGH. THE CLIENT PAYS A LOT OF MONEY FOR YOUR WORK. YOU'VE NO JOB SECURITY!

OR MAYBE IT'S THE WORLD AROUND YOU THAT GLAMORIZES LOFTY ACHIEVEMENTS, OVERWORKING, AND NEVER TAKING A DAY OFF GUILT-FREE...
OR THE UNREALISTIC IMAGE OF SUCCESS THAT WE CONSTANTLY CONSUME ON SOCIAL MEDIA OF PEOPLE'S HEAVILY EDITED LIVES. IT LEAVES US COMPLETELY DISILLUSIONED.
SHE'S A SELF STARTER!
SO MOTIVATED!
OH, TYSM. I LOVE WHEN IT'S HARD AND BAD.

BUT WHAT IF I'M ALREADY SUCCEEDING? A FEW YEARS AGO, I'D DREAM OF GETTING THIS FAR.
NOT GOOD ENOUGH! WE NEED TO CONSTANTLY RAISE THE BAR!

BUT WE JUST RAISED THE BAR RECENTLY!
DOESN'T MATTER!


GIVE IT A COUPLE YEARS, AND YOUR SALARY COMPARED TO THE COST OF LIVING WILL GO BACK TO FEELING NOT ENOUGH.
THINK OF THE TARIFFS! AND WHAT IF SOCIAL SECURITY GETS DISMANTLED—YOU NEED TO BE FINANCIALLY PREPARED FOR RETIREMENT! AND DON'T FORGET TO PROVE YOUR WORTH MORE THAN MEN!


I HATE THAT THIS IS ALL SO TRUE AND CONVINCING. BUT STILL, THE CREATIVE PROCESS WOULD BE SO MUCH EASIER WITHOUT YOU BREATHING DOWN MY NECK.
PEOPLE LIKE IMPERFECT ART! THE FIRST STEP TO BEING REALLY GOOD IS AN INITIAL CRAPPY ATTEMPT. YOU'VE TURNED ME INTO SOMEONE TOO COWARDLY TO BE JUST OKAY AT SOMETHING.

FINE, BUT I'M STILL GOING TO LURK IN THE CORNER... POSSIBLY FOREVER.
UGH!
the PERFEC-TIONIST curse
MW Weber

**Don't Go**

# *Chasing* Waterfalls

people won't understand why
you're putting yourself through
hell right now if they haven't
learned that peace is on the
other side of the discomfort
they're avoiding.

fig. 1: dung beetle just trying
to get her shit together.

# Get Space

# *REMEMBER TO GO OUTSIDE.*

Remember to be present.

# Thanks for your Support

MEAGAN WEBER
MADISON, WISC. 2025

This is, of course, a DIY self-published work that I don't make money on. I appreciate you taking the time to flip this far through it, because it's a labor of love. 2025 will be the last year that this zine is offered for free. Please visit my website if you'd like to shop my merch items and art prints.

*THIS IS FREE, BUT IF YOU'D LIKE* ***TO CONTRIBUTE, SCAN BELOW****. ©MEAGAN WEBER 2025*

venmo

Zelle

| *@meaganloftusweber* | *www.meaganweber.com* | *linktr.ee/MeaganWeber* |
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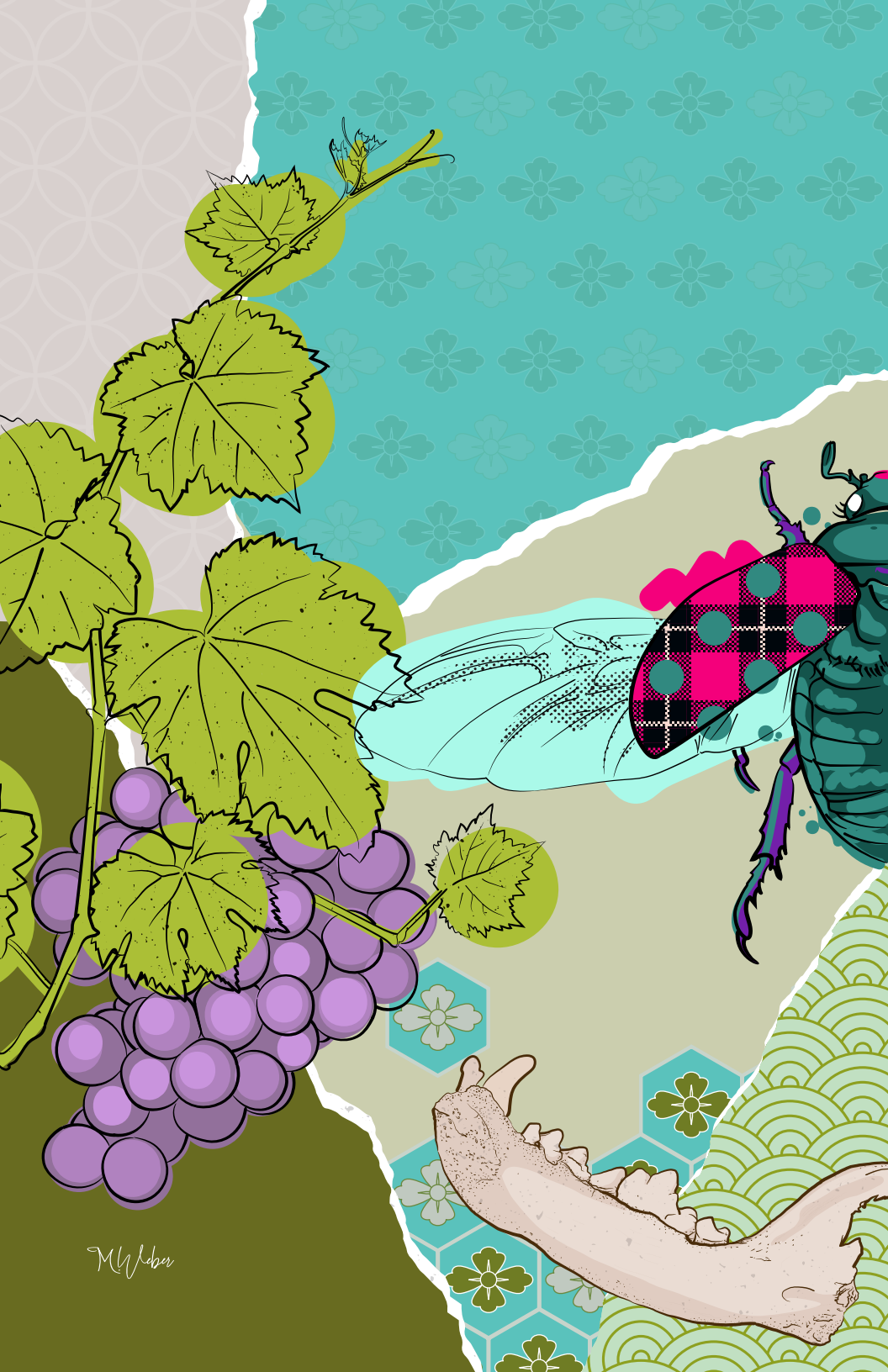
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